INDRAPRASTHA POWER GENERATION COMPANY LTD.
(A Govt. of NCT of Delhi Undertaking)

No : CMO/11-12/F-1/318

Dated : 29.09.2011

Most Immediate.

CIRCULAR

Four empanel hospitals/lab. have been enlisted for Executive Health Check-up for the year 2011 (Credit-Basis). Other than these 04 nos. of enlisted hospitals/lab., the executives can also get their Executive Health Check-up done from any of the panel hospitals notified vide O.O. No. CMO/10-11/F-1/502, dt. 09.02.2011, whether Non-NABH, NABH or Super Speciality Hospital as per their convenience, on cash-basis, however, only a fixed amount of Rs.2,200/- per executive shall be reimbursed and any amount over & above Rs.2,200/- spent by the executive shall be borne by the executive from his/her own pocket. For getting the EHC done, referral from the opted dispensary is not required. The executive shall be reimbursed an amount of Rs.2,200/- on submission of the receipt of the EHC along with photocopies of the reports of the specialists' examinations/investigations/tests to the Finance Deptt. without any verification from the opted dispensary or CMO office. Four panel hospitals/lab. enlisted for Executive Health Check-up are as under:-

1. Metro Hospital & Heart Institute, X-1, Sector-12, L-94, Sector-11, Noida-201301.
2. Metro Hospital & Cancer Institute, 21, Community Centre, Preet Vihar, Delhi-110092.
4. R.L.K.C. Hospital, Metro Heart Institute, Naraina Road, Pandav Nagar, New Delhi.

All the Executives i.e. Assistant Managers & equivalent (who have attained the age of 45 yrs. as on 01.01.2011) and all Dy. Managers & above, who want to get their Executive Health Check up done from above mentioned 04 nos. of enlisted hospitals/lab., are requested to indicate their choice of hospital for health check-up in the prescribed proforma, attached herewith, and return the same to this office within a week; so that hospitals can be asked to prepare a schedule of Health Check-up and inform the Executives about the date & timings of their check-up on telephone one day in advance. It is also requested to indicate the mode of collection of Health Check-up reports i.e. either by post or to be collected from the hospital by the Executive in person. All the Departmental Heads are requested to bring the contents of this circular to the notice of all concerned.

Contd. P.2
The list of specialists’ examinations/investigations as part of a package for Executive Health Check-up is as follows:

S.No.  Specialists’ Examinations/Investigations
1. Detailed General Physical Examination by a Medical specialist.
2. ECG
3. TMT
4. Echo Cardiography
5. PFT
6. Lab Tests:
   A) Blood:
      a) Complete Haemogram with ESR.
      b) Sugar Fasting/PP.
      c) Urea.
      d) S. Creatinine.
      e) S. Uric Acid.
      f) S. Electrolytes (Na & K)
      g) Lipid Profile.
      h) LFT.
   B) Urine Test (R/M)
7. X-Ray Chest (PA View).
8. U/S Whole Abdomen.
9. *Gyna Check-up of Female Executives (Including Pap Smear).
10. Eye check up by an Ophthalmologist.
11. ENT Check-up by an ENT Specialist.
12. Dental Check-up by Dental Surgeon.

This issues with the approval of the competent authority.

(Dr. K. B. Gupta)  
Addl. C.M.O.
PROFORMA

1. Name of the Executive

2. Employee Number

3. Date of Birth
   (only for AMs & Equivalent)

4. Present Place of posting

5. Post Held

6. Residential Address

7. Contact Number
   Resi. ____________ Off. ____________
   Mob. ____________

8. Choice of Hospital for check-up

9. Mode of collection of Health Check-up report: By Post/to be collected personally from the Hospital.

Signature

Addl. C.M.O., IPGCL: 